



Ten Commandments of Taekwondo

1. Be loyal to your country
2. Be obedient to your parents
3. Be loving between husband and wife
4. Be cooperative between brothers and sisters
5. Be faithful to your friends
6. Be respectful to your elders
7. Establish trust between teacher and student
8. Say no to drugs
9. Stand up for what is right
10. Always finish what you started